

Liberty League
Outdoor Track & Field Championships
Hosted By RIT - 5/2/2025 to 5/3/2025
Results

Women 100 Meter Dash

Conference: 11.98 C 2025 Aynisha McQuillar
Meet: 12.08 M 5/4/2024 Ashley Heffernan
Facility: 12.54 F 4/8/2023 Brenna Johnson
AARTFC: 12.50 A

Name	Yr	School	Prelims
Preliminaries			
1	Laura Suppa	JR Ithaca	11.91Q2.5
2	Aynisha McQuillar	FR Ithaca	M 12.07Q1.7
3	Rachel Kulp	JR RIT	A 12.32Q1.1
4	Katie Manning	SR RPI	A 12.42Q0.1
5	Christine Mallette	SR RPI	12.21q 2.5
6	Alyssa Fici	SO RPI	F 12.51q 1.1
7	Marykate Rudnicki	FR Ithaca	12.63q 1.7
8	Katherine Doran	SO Union (N.Y.)	12.63q 1.1
9	Lizzie Merrill	FR Rochester	12.80 2.5
10	Lainie D'Auria	FR Vassar	12.82 0.1
11	Gabrielle Parchment	SO Bard	12.85 2.5
12	Ella Tucker	FR Ithaca	12.92 0.1
13	Tina Kyriacou	JR Rochester	12.94 1.1
14	Jamie Eu	JR Vassar	12.99 1.7
15	Maya Hatch	JR Rochester	13.00 1.7
16	Claudia Chong	SO Ithaca	13.09 2.5
17	Tayla Hummel	SO Ithaca	13.10 1.7
18	Samantha Legate	FR St. Lawrence	13.31 0.1
19	Maeve Murphy	JR RPI	13.38 2.5
20	Grace Croft	SO Ithaca	13.39 0.1
21	Toni Adewakun	SO Rochester	13.47 0.1
22	Mason Wilkins-Lanier	FR Vassar	13.54 1.1
23	Lydia Wamsganz	JR St. Lawrence	13.55 1.1
24	Jynaiya Grizzle	SR Bard	13.94 1.7
25	Madison Brandy	SO Union (N.Y.)	14.02 1.7

Women 100 Meter Dash

Conference: 11.98 C 2025 Aynisha McQuillar
Meet: 12.08 M 5/4/2024 Ashley Heffernan
Facility: 12.54 F 4/8/2023 Brenna Johnson
AARTFC: 12.50 A

Name	Yr	School	Finals
Finals			
1	Aynisha McQuillar	FR Ithaca	12.02M 10
2	Laura Suppa	JR Ithaca	12.30A 8
3	Katie Manning	SR RPI	12.31A 6
4	Christine Mallette	SR RPI	12.37A 5
5	Alyssa Fici	SO RPI	12.73 4
6	Rachel Kulp	JR RIT	12.73 3
7	Marykate Rudnicki	FR Ithaca	12.78 2
8	Katherine Doran	SO Union (N.Y.)	12.82 1

Women 200 Meter Dash

Conference: 24.12 C 2024 Sadie Schreiner
Meet: 24.51 M 5/3/2024 Sadie Schreiner
Facility: 24.00 F 4/20/2024 Sadie Schreiner
AARTFC: 25.70 A

Name	Yr	School	Prelims
Preliminaries			
1	Aynisha McQuillar	FR Ithaca	A 24.75Q1.5
2	Laura Suppa	JR Ithaca	A 25.23Q-1.8
3	Katie Manning	SR RPI	A 25.38Q-0.9
4	Christine Mallette	SR RPI	A 25.33q -1.8
5	Alyssa Fici	SO RPI	A 25.48q 1.5
6	Raquella Casserino	SO Rochester	A 25.62q -0.9
7	Lauren Szalkowski	SO RPI	25.72q -0.9
8	Ava Marcucci	FR RPI	25.84q 1.5
9	Rachel Kulp	JR RIT	25.90 -1.8
10	Marykate Rudnicki	FR Ithaca	25.91 -1.8
11	Lianna Camille	FR Vassar	26.09 1.5
12	Lizzie Merrill	FR Rochester	26.11 -1.8
13	Maya Hatch	JR Rochester	26.15 1.5
14	Katherine Doran	SO Union (N.Y.)	26.23 -0.9
15	Ella Tucker	FR Ithaca	26.54 -0.9
16	Caelan McHarney	JR St. Lawrence	26.78 1.5
17	Samantha Legate	FR St. Lawrence	26.78 -1.8
18	Lainie D'Auria	FR Vassar	26.81 -0.9
19	Gabrielle Parchment	SO Bard	26.85 1.5
20	Jorja DeCarlo	FR RIT	27.29 -0.9
21	Madison Brandy	SO Union (N.Y.)	28.35 1.5
---	Hawra Moochhala	SR Bard	DNS -1.8

Women 200 Meter Dash

Conference: 24.12 C 2024 Sadie Schreiner
Meet: 24.51 M 5/3/2024 Sadie Schreiner
Facility: 24.00 F 4/20/2024 Sadie Schreiner
AARTFC: 25.70 A

Name	Yr	School	Finals
Finals			
1	Aynisha McQuillar	FR Ithaca	25.25A 10
2	Katie Manning	SR RPI	25.53A 8
3	Christine Mallette	SR RPI	25.59A 6
4	Raquella Casserino	SO Rochester	25.83 5
5	Lauren Szalkowski	SO RPI	26.09 4
6	Ava Marcucci	FR RPI	26.44 3
7	Alyssa Fici	SO RPI	26.57 2
8	Laura Suppa	JR Ithaca	27.27 1

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Women 400 Meter Dash

Conference: 53.89 C 2015 **Heather Ingraham**
Meet: 55.07 M 5/4/2024 **Sadie Schreiner**
Facility: 1:00.03 F 4/8/2023 **Julianna Klimow**
AARTFC: 59.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Megan Bell	SR	Rochester	A 56.75Q
2 Nora Chen	SO	Rochester	A 57.20Q
3 Raquella Casserino	SO	Rochester	A 57.90Q
4 Gabrielle Baker	SR	Union (N.Y.)	A 58.93q
5 Lauren Szalkowski	SO	RPI	F 59.35q
6 Lianna Camille	FR	Vassar	F 59.85q
7 Natalie MacArthur	SR	Ithaca	1:00.75q
8 Caelan McHarney	JR	St. Lawrence	1:00.88q
9 Jorja DeCarlo	FR	RIT	1:00.99
10 Julia Ryba	SO	Ithaca	1:01.76
11 Faydia Thompson	SR	RPI	1:03.96
12 Carolina Cedraschi	SR	Ithaca	1:04.68
13 Morgan Huff	FR	Ithaca	1:05.64
14 Nicole Jeffrey	SR	St. Lawrence	1:07.39
--- Carina Cooke	JR	Bard	DNS
--- Camila Sandaal	SO	Bard	DNS
--- Skylar Spiro	FR	Vassar	DNS

Women 400 Meter Dash

Conference: 53.89 C 2015 **Heather Ingraham**
Meet: 55.07 M 5/4/2024 **Sadie Schreiner**
Facility: 1:00.03 F 4/8/2023 **Julianna Klimow**
AARTFC: 59.00 A

Name	Yr	School	Finals
Finals			
1 Megan Bell	SR	Rochester	55.08A 10
2 Nora Chen	SO	Rochester	57.68A 8
3 Raquella Casserino	SO	Rochester	57.87A 6
4 Gabrielle Baker	SR	Union (N.Y.)	58.85A 5
5 Lauren Szalkowski	SO	RPI	58.96A 4
6 Natalie MacArthur	SR	Ithaca	1:00.01F 3
7 Lianna Camille	FR	Vassar	1:01.60 2
8 Caelan McHarney	JR	St. Lawrence	1:01.63 1

Women 800 Meter Run

Conference: 2:05.34 C 2025 **Megan Bell**
Meet: 2:12.84 M 5/7/2022 **Susan Bansbach**
Facility: 2:15.97 F 4/8/2023 **Windsor Ardner**
AARTFC: 2:21.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Megan Bell	SR	Rochester	A 2:16.24Q
2 Charlotte Koutalidis	FR	RPI	A 2:16.69Q
3 Lizzie Lowe	FR	Vassar	A 2:17.62Q
4 Adelaide Nyhan	SO	Vassar	A 2:18.69Q

5 Rita Sciortino	JR	Rochester	A 2:17.31q
6 Kyleigh Record	FR	Union (N.Y.)	A 2:17.93q
7 Anoua Carrie	FR	RPI	A 2:18.29q
8 Emily Dill	SO	Rochester	A 2:18.61q
9 Norah Reade	SO	Vassar	A 2:19.07
10 Joy Petersen	JR	Ithaca	A 2:20.58
11 Abigail Nautel	JR	RIT	2:21.44
12 Sophia Henderson	SR	Vassar	2:22.23
13 Julia Lantner	JR	Rochester	2:23.69
14 Peyton Classer	FR	Rochester	2:24.41
15 Quinn Sirgany	SO	St. Lawrence	2:24.87
16 Emily Johnson	SR	Ithaca	2:25.40
17 Lyla Powers	SO	Ithaca	2:26.34
18 Sophia DiGennaro	FR	RIT	2:26.92
19 Isabella Doty	JR	Rochester	2:29.51
20 Teah Silliman	FR	RIT	2:29.87
21 Emma Anderson	SO	Ithaca	2:31.87
22 Cameran Stone	JR	St. Lawrence	2:33.77
23 Emma Grace Ricketts	SR	RPI	2:39.22
--- Emma St. Peter	FR	Bard	DNS
--- Charlotte Blake	SO	St. Lawrence	DNS
--- Amaya Zebe-Herrera	SO	Bard	DNS

Women 800 Meter Run

Conference: 2:05.34 C 2025 **Megan Bell**
Meet: 2:12.84 M 5/7/2022 **Susan Bansbach**
Facility: 2:15.97 F 4/8/2023 **Windsor Ardner**
AARTFC: 2:21.00 A

Name	Yr	School	Finals
Finals			
1 Megan Bell	SR	Rochester	2:13.84F 10
2 Lizzie Lowe	FR	Vassar	2:16.76A 8
3 Kyleigh Record	FR	Union (N.Y.)	2:16.89A 6
4 Rita Sciortino	JR	Rochester	2:16.90A 5
5 Adelaide Nyhan	SO	Vassar	2:16.92A 4
6 Anoua Carrie	FR	RPI	2:22.13 3
7 Charlotte Koutalidis	FR	RPI	2:27.57 2
8 Emily Dill	SO	Rochester	2:30.92 1

Women 1500 Meter Run

Conference: 4:19.46 C 2024 **Haley Schoenegge**
Meet: 4:28.96 M 5/4/2024 **Haley Schoenegge**
Facility: 4:38.15 F 4/8/2023 **Windsor Ardner**
AARTFC: 4:50.00 A

Name	Yr	School	Finals
Finals			
1 Haley Schoenegge	SO	Vassar	4:29.09F 10
2 Erin vonHousen	FR	RPI	4:34.87F 8
3 Adelaide Nyhan	SO	Vassar	4:41.07A 6
4 Norah Reade	SO	Vassar	4:42.92A 5
5 Sab Lin	SR	Rochester	4:43.65A 4
6 Catherine Dacey	SR	Union (N.Y.)	4:43.76A 3
7 Charlotte Koutalidis	FR	RPI	4:44.50A 2
8 Emily Dill	SO	Rochester	4:46.63A 1
9 Joy Petersen	JR	Ithaca	4:48.03A

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Finals ... (Women 1500 Meter Run)

	Name	Yr	School	Finals
10	Maria Khalifeh	FR	Rochester	4:49.49A
11	Quinn Sirgany	SO	St. Lawrence	4:51.08
12	Claudia Wolf	JR	RPI	4:51.92
13	Charlotte Blake	SO	St. Lawrence	4:52.35
14	Sarah France	FR	Vassar	4:53.42
15	Caroline Kelly	SR	Union (N.Y.)	4:54.41
16	Abigail Thomas	JR	RIT	5:02.12
17	Jade Kimmel	SR	RIT	5:14.34
---	Emma St. Peter	FR	Bard	DNS
---	Amaya Zebe-Herrera	SO	Bard	DNS

Women 5000 Meter Run

Conference: 16:17.29 C 2025 **Haley Schoenegge**
Meet: 17:02.02 M 5/4/2024 **Haley Schoenegge**
Facility: 17:11.17 F 4/8/2023 **Kathleen McCarey**
AARTFC: 18:40.00 A

	Name	Yr	School	Finals
Finals				
1	Haley Schoenegge	SO	Vassar	16:44.66M 10
2	Jules Bleskoski	SO	RPI	17:01.00M 8
3	Adelaide Nyhan	SO	Vassar	17:39.45A 6
4	Ava Handel	FR	RPI	17:41.39A 5
5	Alicia Lawson	SR	Rochester	17:43.16A 4
6	Catherine Dacey	SR	Union (N.Y.)	17:44.05A 3
7	Noni Pattington	SR	Vassar	17:48.68A 2
8	Ellie Ponko	SR	Rochester	18:01.74A 1
9	Alyse Karanian	JR	RPI	18:02.91A
10	Tessa Bossom	JR	RPI	18:03.61A
11	Annabel Dobash	SO	Union (N.Y.)	18:20.55A
12	Acadia Helfand	SO	Vassar	18:27.18A
13	Therese Georgia	SO	RIT	18:27.63A
14	Kyla Eisman	JR	Ithaca	18:28.72A
15	Riley Joseph	JR	Rochester	18:31.71A
16	Jessica Goode	JR	Ithaca	18:32.77A
17	Hadley Snell	FR	Vassar	18:34.65A
18	Hannah Pawlowski	FR	Ithaca	18:36.04A
19	Haley Young	JR	RPI	18:38.49A
20	Jess Suiter	SR	RPI	18:46.38
21	Gianna Coryea	JR	RPI	18:48.87
22	Chloe Bibula	FR	Vassar	18:51.74
23	Sophia Marchioli	FR	Vassar	19:04.54
24	Cayley Swaim	SO	Vassar	19:05.49
25	Fran Mavricos	SO	RPI	19:06.40
26	Carly Zack	SO	St. Lawrence	19:08.31
27	Abby Price	SR	RPI	19:21.73
---	Avery Blanchard	FR	St. Lawrence	DNS

Women 10000 Meter Run

Conference: 33:44.06 C 2018 **Taryn Cordani**
Meet: 35:48.19 M 2016 **Shannon Trant**
AARTFC: 40:30.00 A

	Name	Yr	School	Finals
Finals				
1	Jules Bleskoski	SO	RPI	36:00.58A 10
2	Ava Handel	FR	RPI	38:17.15A 8
3	Ella Blau	SO	Rochester	38:46.02A 6
4	Alicia Lawson	SR	Rochester	38:48.84A 5
5	Cayley Swaim	SO	Vassar	38:50.90A 4
6	Alyssa Horng	JR	Rochester	39:08.91A 3
7	Kyla Eisman	JR	Ithaca	39:28.63A 2
8	Chloe Bibula	FR	Vassar	39:32.43A 1
9	Avery Blanchard	FR	St. Lawrence	39:37.98A
10	Andie Burton	SR	Rochester	40:29.93A
11	Gianna Coryea	JR	RPI	40:51.12
12	Abby Price	SR	RPI	41:00.72
13	Fran Mavricos	SO	RPI	41:03.38
14	Emilie Rosecan	SO	Union (N.Y.)	42:12.50
15	Sophie Farr	SR	Vassar	43:49.39
---	Theresa O'Connor	SO	RPI	DNF

Women 100 Meter Hurdles

Conference: 13.93 C 2023 **Logan Bruce**
Meet: 13.93 M 5/6/2023 **Logan Bruce**
Facility: 15.02 F 4/8/2023 **Gwen Shepardson**
AARTFC: 15.65 A

	Name	Yr	School	Prelims
Preliminaries				
1	Laura Suppa	JR	Ithaca	F 14.17Q1.1
2	Rachel Larson	JR	Ithaca	F 14.36Q-0.5
3	Emma McGuinn	SO	RPI	F 14.29q 1.1
4	Jahmilia Dennis	JR	Vassar	F 14.91q -0.5
5	Rania Sabri	JR	RIT	A 15.11q 1.1
6	Alice Brambati	FR	RPI	A 15.45q -0.5
7	Ashley Sheldon	SO	Union (N.Y.)	A 15.54q 1.1
8	Cameron Ting	FR	Ithaca	A 15.64q -0.5
9	Freja Niklasson	JR	Vassar	15.78 1.1
10	Faye Stevens	SR	Vassar	16.57 -0.5
11	Harper O'Neill	FR	Ithaca	16.92 1.1
12	Claudia Chong	SO	Ithaca	17.29 -0.5
13	Elena Trempe	SO	St. Lawrence	17.81 -0.5
14	Zoe Noble	JR	Rochester	18.01 1.1
15	Haley Piester	FR	St. Lawrence	18.27 1.1

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Women 100 Meter Hurdles

Conference: 13.93 C 2023 **Logan Bruce**
Meet: 13.93 M 5/6/2023 **Logan Bruce**
Facility: 15.02 F 4/8/2023 **Gwen Shepardson**
AARTFC: 15.65 A

	Name	Yr	School	Finals
Finals				
1	Rachel Larson	JR	Ithaca	14.08F 10
2	Emma McGuinn	SO	RPI	14.39F 8
3	Laura Suppa	JR	Ithaca	14.44F 6
4	Jahmilia Dennis	JR	Vassar	14.80F 5
5	Rania Sabri	JR	RIT	14.93F 4
6	Alice Brambati	FR	RPI	15.17A 3
7	Ashley Sheldon	SO	Union (N.Y.)	15.62A 2
8	Cameron Ting	FR	Ithaca	15.90 1

Women 400 Meter Hurdles

Conference: 1:00.24 C 2007 **Jen Dias**
Meet: 1:01.86 M 5/4/2024 **Nora Chen**
Facility: 1:05.78 F 4/8/2023 **Janelle Eckl**
AARTFC: 1:07.00 A

	Name	Yr	School	Prelims
Preliminaries				
1	Nora Chen	SO	Rochester	F 1:02.94Q
2	Eva Ciuffetelli	SO	Rochester	F 1:03.17Q
3	Caroline Hill	SR	RIT	F 1:03.58q
4	Rachel Larson	JR	Ithaca	F 1:04.30q
5	Samantha Crisci	JR	RIT	A 1:05.87q
6	Justine Draper	SR	RIT	1:07.89q
7	Kaden LeChase	SO	Ithaca	1:09.89q
8	Freja Niklasson	JR	Vassar	1:12.46q
9	Harper O'Neill	FR	Ithaca	1:13.61
10	Elena Trempe	SO	St. Lawrence	1:14.74
11	Haley Piester	FR	St. Lawrence	1:14.86
12	Haley Korwan	SR	RPI	1:16.02
13	Elli Cloutier	SO	Ithaca	1:17.21

Women 400 Meter Hurdles

Conference: 1:00.24 C 2007 **Jen Dias**
Meet: 1:01.86 M 5/4/2024 **Nora Chen**
Facility: 1:05.78 F 4/8/2023 **Janelle Eckl**
AARTFC: 1:07.00 A

	Name	Yr	School	Finals
Finals				
1	Nora Chen	SO	Rochester	1:01.25M 10
2	Eva Ciuffetelli	SO	Rochester	1:02.55F 8
3	Caroline Hill	SR	RIT	1:04.66F 6
4	Rachel Larson	JR	Ithaca	1:05.65F 5
5	Samantha Crisci	JR	RIT	1:06.23A 4
6	Justine Draper	SR	RIT	1:06.31A 3
7	Kaden LeChase	SO	Ithaca	1:09.46 2
8	Freja Niklasson	JR	Vassar	1:11.04 1

Women 3000 Meter Steeplechase

Conference: 10:24.30 C 2014 **Amy Cymerman**
Meet: 10:42.88 M **W Pavlus/H Coolican**
Facility: 11:37.15 F 4/8/2023 **Ann Brennan**
AARTFC: 11:50.00 A

	Name	Yr	School	Finals
Finals				
1	Erin vonHousen	FR	RPI	10:58.23F 10
2	Claudia Wolf	JR	RPI	11:18.47F 8
3	Sab Lin	SR	Rochester	11:21.64F 6
4	Tessa Bossom	JR	RPI	11:25.02F 5
5	Acadia Helfand	SO	Vassar	11:36.12F 4
6	Logan Brasacchio	JR	Ithaca	11:38.87A 3
7	Alyse Karanian	JR	RPI	11:42.46A 2
8	Carly Zack	SO	St. Lawrence	11:52.55 1
9	Sophia Marchioli	FR	Vassar	12:03.62
10	Elsie Corbett	SO	RPI	12:30.93
11	Charlotte Knight	FR	Union (N.Y.)	13:09.02
12	Adeline Moore	SR	St. Lawrence	13:11.34
13	Ella McCarthy	SO	Union (N.Y.)	13:37.37
---	Mona Zeghal	JR	RPI	DNS

Women 4x100 Meter Relay

Conference: 46.69 C 2023 **Rochester**
K Isaac, S Bansbach, A Heffernan, M O'Connell
Meet: 47.27 M 5/6/2023 **Rochester**
K Isaac, S Bansbach, A Heffernan, M O'Connell
Facility: 48.80 F 4/8/2023 **SUNY Geneseo**
K Jacques, G Shepardson, K Koutsourades, K Huba
AARTFC: 50.00 A

	Team	Relay	Finals
Finals			
1	RPI		47.75F 10
	1) Christine Mallette SR	2) Katie Manning SR	
	3) Alyssa Fici SO	4) Emma McGuinn SO	
2	Ithaca		47.87F 8
	1) Marykate Rudnicki FR	2) Laura Suppa JR	
	3) Rachel Larson JR	4) Aynisha McQuillar FR	
3	RIT		49.33A 6
	1) Caroline Hill SR	2) Rachel Kulp JR	
	3) Rania Sabri JR	4) Allison Regnante SR	
4	Rochester		49.63A 5
	1) Tina Kyriacou JR	2) Maya Hatch JR	
	3) Lizzie Merrill FR	4) Raquella Casserino SO	
5	Union (N.Y.)		50.77 4
	1) Ashley Sheldon SO	2) Katherine Doran SO	
	3) Grace Ardito JR	4) Gabrielle Baker SR	
6	St. Lawrence		51.08 3
	1) Isla Bougard Duncan FR	2) Caelan McHarney JR	
	3) Samantha Legate FR	4) Lydia Wamsganz JR	
7	Vassar		1:00.50 2
	1) Jamie Eu JR	2) Jahmilia Dennis JR	
	3) Lianna Camille FR	4) Lainie D'Auria FR	

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Finals ... (Women 4x100 Meter Relay)

Team	Relay	Finals
---	Bard	DNS
1)	Jynaiya Grizzle SR	2) Carina Cooke JR
3)	Hawra Moochhala SR	4) Gabrielle Parchment SO

Women 4x400 Meter Relay

Conference: 3:41.17 C 2023 **Rochester**
M O'Connell, M Bell, K Hardy, S Bansbach
Meet: 3:48.75 M 5/6/2023 **Rochester**
M O'Connell, K Hardy, M Bell, S Bansbach
Facility: 4:07.68 F 4/8/2023 **SUNY Geneseo**
E Eivers, R Hirschkind, M Hogan, S Doody
AARTFC: 4:08.00 A

Team	Relay	Finals
Finals		
1	Rochester	3:53.68F 10
1)	Eva Ciuffetelli SO	2) Nora Chen SO
3)	Maya Hatch JR	4) Megan Bell SR
2	RIT	4:01.64F 8
1)	Samantha Crisci JR	2) Jorja DeCarlo FR
3)	Justine Draper SR	4) Caroline Hill SR
3	RPI	4:02.83F 6
1)	Alyssa Fici SO	2) Lauren Szalkowski SO
3)	Anoua Carrie FR	4) Christine Mallette SR
4	Ithaca	4:03.64F 5
1)	Natalie MacArthur SR	2) Julia Ryba SO
3)	Marykate Rudnicki FR	4) Aynisha McQuillar FR
5	Union (N.Y.)	4:05.09F 4
1)	Gabrielle Baker SR	2) Katherine Doran SO
3)	Grace Ardito JR	4) Kyleigh Record FR
6	Vassar	4:08.80 3
1)	Lianna Camille FR	2) Norah Reade SO
3)	Sophia Henderson SR	4) Lizzie Lowe FR
7	St. Lawrence	4:21.89 2
1)	Caelan McHarney JR	2) Samantha Legate FR
3)	Amelia Berthold JR	4) Quinn Sirgany SO

Women High Jump

Conference: 1.71m C **M Turner / J Scharlow**
Meet: 1.71m M 5/4/2019 **Jacy Scharlow**
Facility: 1.63m F 4/8/2023 **Michaela Levesque**
AARTFC: 1.58m A

Name	Yr	School	Finals
Finals			
1	Ashley Sheldon	SO Union (N.Y.)	1.67mF 10
2	Madeleine Wright	SO Ithaca	1.62mA 8
3	Celia Ryan	SO Ithaca	1.52m 6
4	Lydia Barber	SO Ithaca	1.47m 5
5	Cameron Ting	FR Ithaca	1.47m 4
6	Nora Dreslin	JR Rochester	1.42m 1.5
6	Amelia Berthold	JR St. Lawrence	1.42m 1.5
6	Cecelia LaBonte	JR Ithaca	1.42m 1.5
6	Grace Ardito	JR Union (N.Y.)	1.42m 1.5
10	Tooni Olaleye	SO RPI	1.42m

10	Mia Gerber	SO RIT	1.42m
---	Abbe Colgan	JR Vassar	NH
---	Freja Niklasson	JR Vassar	NH
---	Lily Hubert	SO Rochester	NH

Women Pole Vault

Conference: 4.31m C 2018 **Katherine Pitman**
Meet: 3.87m M 5/5/2023 **Meghan Matheny**
Facility: 3.50m F 4/20/2024 **Melia Couchman**
AARTFC: 3.35m A

Name	Yr	School	Finals
Finals			
1	Talia Hutchinson	SO Ithaca	3.43mA 10
2	Teagan Kiger	FR Ithaca	3.43mA 8
3	Erin Eastwood	JR Ithaca	3.43mA 6
4	Abby Kopeck	FR Rochester	3.43mA 5
5	Bree Boyle	JR Ithaca	3.28m 4
6	Katie Atkins	FR Rochester	2.98m 3
7	Raessler Guthrie	FR Ithaca	2.98m 2
8	Samantha Schlectman	JR RIT	2.83m 1
---	Abby Reppert	FR Ithaca	NH
---	Ella Dykeman	FR RPI	NH
---	Halla Chappell	JR St. Lawrence	DNS

Women Long Jump

Conference: 5.95m C 2015 **Divya Biswal**
Meet: 5.89m M 5/3/2024 **Ashley Heffernan**
Facility: 5.42m F 4/8/2023 **Brenna Johnson**
AARTFC: 5.35m A

Name	Yr	School	Finals
Finals			
1	Alice Brambati	FR RPI	5.59m 10
2	Laura Suppa	JR Ithaca	5.49m 8
3	Ashleigh Barrett	JR Rochester	5.46m 6
4	Grace McInerney	FR Rochester	5.42m 5
5	Allison Regnante	SR RIT	5.36mA 4
6	Anna Johnson	SO Rochester	5.27m 3
7	Jahmilia Dennis	JR Vassar	5.16m 2
8	Alexis Brown	SO Ithaca	5.14m 1
9	Elli Cloutier	SO Ithaca	5.06m 0.1
10	Gracie Conlan	FR Rochester	5.01m 0.5
11	Jamie Eu	JR Vassar	5.00m 2.3
12	Celia Ryan	SO Ithaca	4.99m +0.0
13	Faye Stevens	SR Vassar	4.97m 3.2
14	Jordyn Dolan	SR Ithaca	4.95m 1.5
15	Quinn Taylor	SR Rochester	4.93m 1.2
16	Hannah Hoffman	SO Ithaca	4.88m 2.8
17	Sydney Passley-Harris	JR Vassar	4.87m 0.9
18	Lainie D'Auria	FR Vassar	4.85m 1.9
19	Raelen Green	FR Rochester	4.81m 0.3
20	Grace Ardito	JR Union (N.Y.)	4.71m 2.3
21	Sadie Omilian	FR Rochester	4.68m 1.4
22	Maeve Murphy	JR RPI	4.64m 1.6
23	Isla Bougard Duncan	FR St. Lawrence	4.39m 3.9
24	Emma Brosell	FR St. Lawrence	4.38m 2.7

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Results

Finals ... (Women Long Jump)

	Name	Yr	School	Finals
25	Jynaiya Grizzle	SR	Bard	3.99m -0.6
---	Rachel Kulp	JR	RIT	FOUL

Women Triple Jump

Conference: 12.49m C 2015 Divya Biswal

Meet: 11.75m M 2014 Divya Biswal

Facility: 11.12m F 4/8/2023 Ally Alvira

AARTFC: 11.00m A

	Name	Yr	School	Finals
Finals				
1	Jahmilia Dennis	JR	Vassar	11.44mF 10
2	Alice Brambati	FR	RPI	11.03mA 8
3	Rania Sabri	JR	RIT	11.01mA 6
4	Alexis Brown	SO	Ithaca	10.75m 5
5	Violet Ameele	SR	RIT	10.66m 4
6	Gracie Conlan	FR	Rochester	10.61m 3
7	Celia Ryan	SO	Ithaca	10.59m 2
8	Ashleigh Barrett	JR	Rochester	10.46m 1
9	Lianna Camille	FR	Vassar	10.23m +0.0
10	Grace Croft	SO	Ithaca	9.95m 1.1
11	Jamie Eu	JR	Vassar	9.92m +0.0
12	Abby Kopeck	FR	Rochester	9.57m 0.8
13	Quinn Taylor	SR	Rochester	9.55m 0.9
14	Becca Itty	JR	RPI	9.32m 1.3
15	Emma Brosell	FR	St. Lawrence	9.28m 1.0
16	Isla Bougard Duncan	FR	St. Lawrence	9.26m 1.3

Women Shot Put

Conference: 14.50m C 2010 Alyssa Pirinelli

Meet: 14.40m M 2010 Alyssa Pirinelli

Facility: 12.83m F 4/8/2023 Sarah Crockett

AARTFC: 12.00m A

	Name	Yr	School	Finals
Finals				
1	Leanna Wells	SO	RPI	12.99mF 10
2	Lily Seyfert	JR	Ithaca	12.77mA 8
3	Cora Rose	SR	Rochester	12.38mA 6
4	Marinna Heichberger	JR	RIT	12.01mA 5
5	Deziree Garrick	SR	Rochester	11.79m 4
6	Emily DiMarco	SR	RIT	11.77m 3
7	Amelia Geck	SO	RIT	11.64m 2
8	Madison Vargas	SO	Rochester	11.58m 1
9	Sonya Shivok	SR	RIT	11.45m
10	Charlotte Powell	SO	Ithaca	11.11m
11	Aimee Oszer	SO	Rochester	10.95m
12	Leanny Castro	FR	Ithaca	10.61m
13	Bianca Samedy	FR	Ithaca	10.30m
14	Lola Buckley	FR	St. Lawrence	10.22m
15	Amanda Hanrahan	FR	Vassar	10.22m
16	Katie Lynch	JR	RPI	10.19m
17	Kolby Davis	JR	Vassar	9.87m
18	Grace Garman	JR	RPI	9.75m
19	Riley Smith	FR	Ithaca	9.55m

20	Rosemary Fleischmann	JR	St. Lawrence	8.90m
21	Lauren Armstrong	SR	Union (N.Y.)	8.39m
22	Sundee Kroyer	SR	Union (N.Y.)	7.07m
23	Lismery Guzman-Cruz	FR	Bard	6.67m

Women Discus Throw

Conference: 43.06m C 2023 Emily Demarco

Meet: 41.87m M 5/8/2021 Kari Leap

Facility: 40.73m F 4/20/2024 Emily DiMarco

AARTFC: 38.00m A

	Name	Yr	School	Finals
Finals				
1	Cora Rose	SR	Rochester	44.06mC 10
2	Emily DiMarco	SR	RIT	43.58mC 8
3	Ben Kayser-Cochran	FR	RIT	42.32mM 6
4	Aimee Oszer	SO	Rochester	39.55mA 5
5	Katie Lynch	JR	RPI	39.04mA 4
6	Sydney Petrie	JR	Vassar	37.83m 3
7	Bailee Drummond	SO	RIT	37.65m 2
8	Lily Seyfert	JR	Ithaca	37.40m 1
9	Grace Richard	JR	RPI	36.51m
10	Madison Vargas	SO	Rochester	35.11m
11	Marinna Heichberger	JR	RIT	35.05m
12	Charlotte Powell	SO	Ithaca	33.46m
13	Enya Green	SO	Ithaca	32.11m
14	Soleil Yuong	SR	Vassar	32.09m
15	Barbara Kotlan	SO	RPI	31.71m
16	Victoria Bermeo	SO	Rochester	31.41m
17	Riley Smith	FR	Ithaca	30.25m
18	Meara Morgan	FR	Vassar	29.77m
19	Cassidy Romano	SO	Rochester	28.69m
20	Olivia Coakley	FR	RPI	28.57m
21	Grace Garman	JR	RPI	28.55m
22	Abbe Colgan	JR	Vassar	28.22m
23	Eva Gaetano	FR	St. Lawrence	27.86m
24	Leanny Castro	FR	Ithaca	27.54m
25	Liv Ilasz	JR	Rochester	27.29m
26	Amanda Hanrahan	FR	Vassar	25.13m
27	Ava Gurley	JR	Vassar	24.54m
28	Lola Buckley	FR	St. Lawrence	24.41m
29	Charlotte Knight	FR	Union (N.Y.)	23.71m
30	Epephanie LaBoy	SO	Union (N.Y.)	20.36m

Women Hammer Throw

Conference: 57.90m C 2014 Lydia Frangos

Meet: 54.06m M 2014 Lydia Frangos

Facility: 48.47m F 4/20/2024 Lea Richard

AARTFC: 46.00m A

	Name	Yr	School	Finals
Finals				
1	Cora Rose	SR	Rochester	49.95mF 10
2	Enya Green	SO	Ithaca	47.14mA 8
3	Katie Lynch	JR	RPI	45.20m 6
4	Autumn Bernava	SO	RIT	44.91m 5
5	Amanda Hanrahan	FR	Vassar	44.23m 4

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Finals ... (Women Hammer Throw)

Name	Yr	School	Finals
6 Zoe Chafouleas	SR	Rochester	43.82m 3
7 Deziree Garrick	SR	Rochester	43.50m 2
8 Liv Ilasz	JR	Rochester	42.73m 1
9 Bailee Drummond	SO	RIT	42.07m
10 Grace Richard	JR	RPI	41.08m
11 Lily Seyfert	JR	Ithaca	40.15m
12 Charlotte Powell	SO	Ithaca	39.04m
13 Marinna Heichberger	JR	RIT	38.89m
14 Aimee Oszer	SO	Rochester	38.66m
15 Bianca Samedy	FR	Ithaca	37.01m
16 Soleil Yuong	SR	Vassar	35.56m
17 Madison Vargas	SO	Rochester	35.29m
18 Ben Kayser-Cochran	FR	RIT	35.11m
19 Cassidy Romano	SO	Rochester	33.72m
20 Kolby Davis	JR	Vassar	33.05m
21 Victoria Bermeo	SO	Rochester	31.44m
22 Elizabeth Andrus	FR	Ithaca	29.36m
23 Olivia Coakley	FR	RPI	29.14m
24 Meara Morgan	FR	Vassar	26.63m
25 Epephanie LaBoy	SO	Union (N.Y.)	26.43m
26 Lola Buckley	FR	St. Lawrence	26.25m
--- Rosemary Fleischmann	JR	St. Lawrence	FOUL

Women Javelin Throw

Conference: 46.24m C 2021 **Kathleen Merchant**
Meet: 42.56m M 5/3/2019 **Kathleen Merchant**
Facility: 36.36m F 4/8/2023 **Rebecca Heuler**
AARTFC: 34.50m A

Name	Yr	School	Finals
Finals			
1 Aimee Oszer	SO	Rochester	38.22mF 10
2 Sonya Shivok	SR	RIT	37.70mF 8
3 Lily Seyfert	JR	Ithaca	37.50mF 6
4 Celia Ryan	SO	Ithaca	35.29mA 5
5 Autumn Bernava	SO	RIT	35.27mA 4
6 Mia Gerber	SO	RIT	34.66mA 3
7 Charlotte Powell	SO	Ithaca	34.43m 2
8 Lauryn Johnson	FR	Union (N.Y.)	34.20m 1
9 Lauren Armstrong	SR	Union (N.Y.)	32.79m
10 Katie Atkins	FR	Rochester	31.73m
11 Grace Garman	JR	RPI	29.93m
12 Soleil Yuong	SR	Vassar	29.39m
13 Katie Lynch	JR	RPI	29.38m
14 Cassidy Romano	SO	Rochester	28.49m
15 Sundee Kroyer	SR	Union (N.Y.)	27.01m
16 Elana Pukel	FR	Vassar	25.79m
17 Victoria Bermeo	SO	Rochester	25.56m
18 Eleanor Waite	FR	St. Lawrence	24.19m
19 Virginia Van Mater	FR	RPI	22.60m
20 Margaret Buckley	SO	Union (N.Y.)	19.60m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Faye Stevens	SR	Vassar	26.62 744
2 Cecelia LaBonte	JR	Ithaca	26.67 740
3 Grace McInerney	FR	Rochester	27.14 700
4 Gabby Irvin	SO	RPI	27.57 665
5 Cameron Ting	FR	Ithaca	27.59 664
6 Julie Durham	FR	Rochester	27.76 650
7 Amelia Berthold	JR	St. Lawrence	27.97 633
8 Julia Largett	JR	Rochester	28.21 614
9 Halle Raina	SR	RPI	28.41 599
10 Elana Pukel	FR	Vassar	29.25 536
11 Eleanor Waite	FR	St. Lawrence	29.44 522

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Cameron Ting	FR	Ithaca	2:28.32 714
2 Amelia Berthold	JR	St. Lawrence	2:29.03 705
3 Faye Stevens	SR	Vassar	2:29.82 695
4 Cecelia LaBonte	JR	Ithaca	2:33.11 654
5 Julia Largett	JR	Rochester	2:34.53 637
6 Julie Durham	FR	Rochester	2:39.27 581
7 Gabby Irvin	SO	RPI	2:44.68 520
8 Eleanor Waite	FR	St. Lawrence	2:44.80 519
9 Halle Raina	SR	RPI	2:46.45 501
10 Elana Pukel	FR	Vassar	2:53.86 424
--- Grace McInerney	FR	Rochester	DNF

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Cameron Ting	FR	Ithaca	15.91 725
2 Amelia Berthold	JR	St. Lawrence	16.32 676
3 Faye Stevens	SR	Vassar	16.33 674
4 Elana Pukel	FR	Vassar	16.54 649
5 Cecelia LaBonte	JR	Ithaca	16.68 633
6 Julia Largett	JR	Rochester	16.96 601
7 Gabby Irvin	SO	RPI	16.97 600
8 Halle Raina	SR	RPI	16.98 599
9 Julie Durham	FR	Rochester	17.48 543
10 Grace McInerney	FR	Rochester	17.86 503
11 Eleanor Waite	FR	St. Lawrence	18.36 452

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Faye Stevens	SR	Vassar	1.46m 577
1 Cameron Ting	FR	Ithaca	1.46m 577
1 Amelia Berthold	JR	St. Lawrence	1.46m 577
4 Cecelia LaBonte	JR	Ithaca	1.43m 544
5 Halle Raina	SR	RPI	1.40m 512
6 Gabby Irvin	SO	RPI	1.37m 481

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Finals ... (Heptathlon: #2 Women High Jump Heptathlon)

	Name	Yr	School	Finals
7	Julia Largett	JR	Rochester	1.34m 449
8	Elana Pukel	FR	Vassar	1.28m 389
9	Eleanor Waite	FR	St. Lawrence	1.25m 359
10	Julie Durham	FR	Rochester	1.22m 331
---	Grace McInerney	FR	Rochester	NH

Heptathlon: #5 Women Long Jump Heptathlon

	Name	Yr	School	Finals
Finals				
1	Cameron Ting	FR	Ithaca	5.01m 562
2	Grace McInerney	FR	Rochester	4.95m 546
2	Cecelia LaBonte	JR	Ithaca	4.95m 546
4	Faye Stevens	SR	Vassar	4.66m 469
5	Amelia Berthold	JR	St. Lawrence	4.53m 436
6	Gabby Irvin	SO	RPI	4.51m 431
7	Julie Durham	FR	Rochester	4.43m 411
8	Elana Pukel	FR	Vassar	4.40m 403
9	Julia Largett	JR	Rochester	4.37m 396
10	Halle Raina	SR	RPI	4.12m 336
11	Eleanor Waite	FR	St. Lawrence	4.01m 310

Heptathlon: #3 Women Shot Put Heptathlon

	Name	Yr	School	Finals
Finals				
1	Grace McInerney	FR	Rochester	8.77m 449
2	Elana Pukel	FR	Vassar	8.54m 434
3	Amelia Berthold	JR	St. Lawrence	8.45m 428
4	Julia Largett	JR	Rochester	8.41m 426
5	Cecelia LaBonte	JR	Ithaca	8.38m 424
6	Faye Stevens	SR	Vassar	8.26m 416
7	Julie Durham	FR	Rochester	8.13m 408
8	Halle Raina	SR	RPI	7.98m 398
9	Cameron Ting	FR	Ithaca	7.96m 397
10	Eleanor Waite	FR	St. Lawrence	7.35m 357
11	Gabby Irvin	SO	RPI	7.13m 343

Heptathlon: #6 Women Javelin Throw Heptathlon

	Name	Yr	School	Finals
Finals				
1	Eleanor Waite	FR	St. Lawrence	25.41m 390
2	Amelia Berthold	JR	St. Lawrence	24.70m 377
3	Faye Stevens	SR	Vassar	24.61m 375
4	Elana Pukel	FR	Vassar	24.04m 364
5	Halle Raina	SR	RPI	22.76m 340
6	Grace McInerney	FR	Rochester	22.44m 334
7	Cameron Ting	FR	Ithaca	21.55m 318
8	Julie Durham	FR	Rochester	19.79m 285
9	Julia Largett	JR	Rochester	19.68m 283
10	Cecelia LaBonte	JR	Ithaca	18.49m 261
11	Gabby Irvin	SO	RPI	12.18m 145

Women Heptathlon

Conference: 5220 C 2023 **Logan Bruce**
Meet: 4890 M 5/4/2018 **Kylee Bartlett**
AARTFC: 3300 A

	Name	Yr	School	Finals
Finals				
1	Cameron Ting	FR	Ithaca	3957A 10
2	Faye Stevens	SR	Vassar	3950A 8
3	Amelia Berthold	JR	St. Lawrence	3832A 6
4	Cecelia LaBonte	JR	Ithaca	3802A 5
5	Julia Largett	JR	Rochester	3406A 4
6	Halle Raina	SR	RPI	3285 3
7	Julie Durham	FR	Rochester	3209 2
8	Elana Pukel	FR	Vassar	3199 1
9	Gabby Irvin	SO	RPI	3185
10	Eleanor Waite	FR	St. Lawrence	2909
11	Grace McInerney	FR	Rochester	2532

Men 100 Meter Dash

Conference: 10.59 C 2006 **Kemar Brown**
Meet: 10.67 M 1998 **Krishawn Gilmore**
Facility: 10.85 F 4/8/2023 **Lance Jensen**
AARTFC: 10.95 A

	Name	Yr	School	Prelims
Preliminaries				
1	Josh Ihegihu	JR	RPI	M 10.63Q0.1
2	Cam Caso	FR	RPI	F 10.73Q1.7
3	Ronen Stewart	SO	RPI	F 10.73Q1.3
4	Sam Ahern	SR	Union (N.Y.)	F 10.82Q1.4
5	Sakyi Okwaning	SO	Union (N.Y.)	F 10.85q 1.4
6	Will Stiska	FR	Rochester	A 10.87q 1.3
7	Jonathan Jacobs	SR	RIT	A 10.87q 0.1
8	P.J. London	SR	Rochester	A 10.88q 1.7
9	Alex Boreland	SO	Ithaca	10.98 1.3
10	Max Boreland	SO	Ithaca	11.01 1.7
11	Max Liu	SR	RPI	11.01 0.1
12	William Hauf	SR	St. Lawrence	11.05 1.4
13	Rafael Steiner	JR	RPI	11.07 0.1
14	Aaron Binion	SO	Union (N.Y.)	11.08 1.4
15	Manny Eribo	SR	Rochester	11.08 1.3
16	Nicholas Lusardi	SO	RIT	11.12 1.3
17	Alex Wiseman	FR	RIT	11.17 1.7
18	Ben Cerreta	FR	RIT	11.18 1.3
19	Jack Beauchesne	SO	St. Lawrence	11.23 1.3
20	Jack Storm	FR	St. Lawrence	11.26 0.1
21	Temitayo Oladeji	SO	RPI	11.27 0.1
22	Jason Story	FR	Ithaca	11.40 1.7
23	John Wendt	SR	Ithaca	11.44 1.4
24	Diego De Los Santos	SO	Rochester	11.45 1.4
25	Asa Crosdale	FR	Ithaca	11.46 1.7
26	Jacob Sellitti	JR	Vassar	11.54 1.7
27	Ryan Fernandes	FR	Vassar	11.57 1.4
28	Carter Daniels	SO	St. Lawrence	11.71 0.1

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Preliminaries ... (Men 100 Meter Dash)

	Name	Yr	School	Prelims
29	Lazaros Panagiotounis	SR	Bard	11.87 1.4
30	Avery Crafton	FR	Bard	12.02 1.3
31	Shemir Bridges	FR	St. Lawrence	12.41 1.7

Men 100 Meter Dash

Conference: 10.59 C 2006 **Kemar Brown**
Meet: 10.67 M 1998 **Krishawn Gilmore**
Facility: 10.85 F 4/8/2023 **Lance Jensen**
AARTFC: 10.95 A

	Name	Yr	School	Finals
Finals				
1	Josh Ihegiu	JR	RPI	10.65M 10
2	Cam Caso	FR	RPI	10.75F 8
3	Ronen Stewart	SO	RPI	10.80F 6
4	P.J. London	SR	Rochester	11.01 5
5	Sakyi Okwaning	SO	Union (N.Y.)	11.02 4
6	Sam Ahern	SR	Union (N.Y.)	11.02 3
7	Jonathan Jacobs	SR	RIT	11.06 2
8	Will Stiska	FR	Rochester	11.09 1

Men 200 Meter Dash

Conference: 21.20 C 2025 **Ronen Stewart**
Meet: 21.55 M 5/6/2023 **Justin Jantzi**
Facility: 22.31 F 4/8/2023 **Andrew Kent**
AARTFC: 21.95 A

	Name	Yr	School	Prelims
Preliminaries				
1	Ronen Stewart	SO	RPI	C 21.09Q1.6
2	Josh Ihegiu	JR	RPI	M 21.31Q0.8
3	Cam Caso	FR	RPI	M 21.32Q1.0
4	Donovan Myrick	JR	RPI	M 21.36Q0.6
5	Alex Flynn	SO	RPI	A 21.70Q1.5
6	Justin Jantzi	SR	RIT	M 21.55q 0.8
7	Sam Ahern	SR	Union (N.Y.)	A 21.71q 1.5
8	Rafael Steiner	JR	RPI	F 22.00q 1.5
9	Alex Wiseman	FR	RIT	F 22.13 0.6
10	Peter Cavanaugh	SR	RPI	F 22.15 1.0
11	Max Boreland	SO	Ithaca	F 22.15 1.6
12	P.J. London	SR	Rochester	F 22.19 0.6
13	Justin Heinrichs	SO	RPI	F 22.24 1.6
14	Caleb Young	SO	St. Lawrence	F 22.25 0.6
15	Max Liu	SR	RPI	F 22.27 1.6
16	Jonathan Jacobs	SR	RIT	F 22.28 1.0
17	Nicholas Lusardi	SO	RIT	F 22.29 0.6
18	Will Stiska	FR	Rochester	22.33 1.0
19	Aaron Binion	SO	Union (N.Y.)	22.36 1.0
20	Jace Lewis	FR	RPI	22.47 1.5
21	Stephen Fajen	SR	RPI	22.50 0.8
22	Temitayo Oladeji	SO	RPI	22.55 0.8
23	Nathan Denham	JR	Vassar	22.66 1.6
24	Mitch Lienert	SR	Rochester	22.67 0.8
25	Walter Withrow	FR	RPI	22.68 1.5

26	Aidan Bradley	FR	Union (N.Y.)	22.86 1.6
27	Ben Cerreta	FR	RIT	22.87 1.0
28	Diego De Los Santos	SO	Rochester	22.90 1.6
29	Jack Beauchesne	SO	St. Lawrence	22.98 0.8
30	Jacob Sellitti	JR	Vassar	23.07 1.0
31	Lazaros Panagiotounis	SR	Bard	23.66 0.6
32	Avery Crafton	FR	Bard	25.10 1.5
---	Jack Catelotti	JR	RPI	DNF 0.8
---	Alex Boreland	SO	Ithaca	DNF 0.6
---	Asa Crosdale	FR	Ithaca	DNS 1.5

Men 200 Meter Dash

Conference: 21.20 C 2025 **Ronen Stewart**
Meet: 21.55 M 5/6/2023 **Justin Jantzi**
Facility: 22.31 F 4/8/2023 **Andrew Kent**
AARTFC: 21.95 A

	Name	Yr	School	Finals
Finals				
1	Ronen Stewart	SO	RPI	21.27M 10
2	Josh Ihegiu	JR	RPI	21.32M 8
3	Donovan Myrick	JR	RPI	21.71A 6
4	Cam Caso	FR	RPI	21.75A 5
5	Alex Flynn	SO	RPI	22.07F 4
6	Justin Jantzi	SR	RIT	22.09F 3
7	Sam Ahern	SR	Union (N.Y.)	23.00 2
8	Rafael Steiner	JR	RPI	23.13 1

Men 400 Meter Dash

Conference: 48.18 C 2019 **Neil Casimir**
Meet: 48.21 M 5/6/2023 **Justin Jantzi**
Facility: 48.73 F 4/8/2023 **Jacob Miller**
AARTFC: 49.30 A

	Name	Yr	School	Prelims
Preliminaries				
1	Donovan Myrick	JR	RPI	A 48.77Q
2	Peter Cavanaugh	SR	RPI	A 48.85Q
3	Alex Flynn	SO	RPI	49.56Q
4	Ryan Senf	JR	RIT	49.63Q
5	Caleb Young	SO	St. Lawrence	49.40q
6	Justin Jantzi	SR	RIT	49.54q
7	Evan Bryant	SO	Rochester	49.82q
8	Caden Caron	JR	RPI	50.13q
9	Trevor Krukin	FR	RIT	50.14
10	Walter Withrow	FR	RPI	50.22
11	Trenton Goyette	SR	RIT	50.23
12	Justin Heinrichs	SO	RPI	50.68
13	Stephen Fajen	SR	RPI	50.69
14	Aidan Bradley	FR	Union (N.Y.)	50.76
15	Trevor Whitney	FR	Rochester	50.98
16	Jace Lewis	FR	RPI	51.00
17	Aidan Savitt	JR	Union (N.Y.)	51.54
18	Leif Harvey	SR	St. Lawrence	51.71
19	Nathan Denham	JR	Vassar	51.75
20	Colin Hascup	SR	Rochester	51.91

**Liberty League
Outdoor Track & Field Championships
Hosted By RIT - 5/2/2025 to 5/3/2025**

Results

Preliminaries ... (Men 400 Meter Dash)

Name	Yr	School	Prelims
21 Evan Cherry	SO	Ithaca	52.03
22 Jack Catelotti	JR	RPI	52.10
23 Arturo Contreras Jr.	SO	Rochester	52.38
24 Drew Hill	JR	Union (N.Y.)	52.45
25 Adam Mocho	JR	Ithaca	52.84
26 Andrew Koubek	JR	RIT	53.81
27 Kye Norcross	SO	Union (N.Y.)	53.83
28 Kasiem Washington	SO	Bard	59.35
29 Charlie Grenadier	FR	Bard	1:03.00
--- Kristofer Mellor	JR	St. Lawrence	DNS

Men 400 Meter Dash

Conference: 48.18 C 2019 Neil Casimir
Meet: 48.21 M 5/6/2023 Justin Jantzi
Facility: 48.73 F 4/8/2023 Jacob Miller
AARTFC: 49.30 A

Name	Yr	School	Finals
Finals			
1 Donovan Myrick	JR	RPI	48.05C 10
2 Peter Cavanaugh	SR	RPI	48.59F 8
3 Justin Jantzi	SR	RIT	48.81A 6
4 Alex Flynn	SO	RPI	49.25A 5
5 Ryan Senf	JR	RIT	49.45 4
6 Caden Caron	JR	RPI	49.91 3
7 Evan Bryant	SO	Rochester	50.20 2
8 Caleb Young	SO	St. Lawrence	50.23 1

Men 800 Meter Run

Conference: 1:50.27 C 2024 Sean Hendricks
Meet: 1:51.20 M 5/4/2024 Jack Keelan
Facility: 1:53.03 F 4/8/2023 Kieran Sheridan
AARTFC: 1:56.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Dominic Pena	SO	RPI	F 1:52.65Q
2 Sean Miller	SO	Vassar	F 1:52.86Q
3 Sean Hendricks	SR	Rochester	A 1:55.36Q
4 Noah Flanders	SR	RIT	A 1:55.65Q
5 John Elliot	FR	RIT	A 1:53.08q
6 Jack Czarnecki	SO	RPI	A 1:54.07q
7 Skye Crocker	SR	Rochester	A 1:54.50q
8 Brendan McCollum	JR	Rochester	A 1:54.82q
9 Danny Gall	SO	RPI	A 1:55.55
10 Matt Califf	FR	RIT	A 1:55.55
11 Nick MacDonald	FR	Vassar	A 1:55.60
12 Jacob Bernd	FR	Rochester	1:56.08
13 Josh Bedford	JR	RIT	1:56.41
14 Patrick. Kenyon	SR	RIT	1:57.20
15 Benjamin Neff	SR	Union (N.Y.)	1:57.41
16 Liam Fitzgibbon	FR	Union (N.Y.)	1:57.64
17 Tevin McLaren	SO	RPI	1:57.79
18 Michael Fitzmaurice	SO	Union (N.Y.)	1:58.15

19 Andy Freeman	SR	Rochester	1:58.72
20 Timothy Boyce	JR	St. Lawrence	1:58.95
21 Cyrus Goetze	FR	St. Lawrence	1:59.09
22 Colin Leshner	FR	Ithaca	1:59.60
23 Aidan Loughlin	JR	Ithaca	2:00.10
24 William Plante	JR	Union (N.Y.)	2:00.39
25 Bretton Garrick	FR	Union (N.Y.)	2:02.30
26 Sam Aubut	FR	RPI	2:04.43
--- Oskar Lehnartz	SO	Bard	DNS
--- Charlie Grenadier	FR	Bard	DNS

Men 800 Meter Run

Conference: 1:50.27 C 2024 Sean Hendricks
Meet: 1:51.20 M 5/4/2024 Jack Keelan
Facility: 1:53.03 F 4/8/2023 Kieran Sheridan
AARTFC: 1:56.00 A

Name	Yr	School	Finals
Finals			
1 Sean Miller	SO	Vassar	1:52.81F 10
2 Dominic Pena	SO	RPI	1:52.94F 8
3 John Elliot	FR	RIT	1:53.62A 6
4 Noah Flanders	SR	RIT	1:54.12A 5
5 Jack Czarnecki	SO	RPI	1:54.20A 4
6 Brendan McCollum	JR	Rochester	1:54.51A 3
7 Sean Hendricks	SR	Rochester	2:01.39 2
8 Skye Crocker	SR	Rochester	2:07.82 1

Men 1500 Meter Run

Conference: 3:42.75 C 2025 Nicholas Lyndaker
Meet: 3:48.98 M 5/6/2023 Matthew Lecky
Facility: 3:51.74 F 4/8/2023 Ezra Ruggles
AARTFC: 4:00.00 A

Name	Yr	School	Finals
Finals			
1 Nicholas Lyndaker	JR	St. Lawrence	3:54.85A 10
2 Evan Lacey	SO	RPI	3:55.48A 8
3 Jack Czarnecki	SO	RPI	3:55.79A 6
4 Danny Gall	SO	RPI	3:56.01A 5
5 Benjamin Neff	SR	Union (N.Y.)	3:56.39A 4
6 Jose Magana	SR	Vassar	3:57.14A 3
7 Liam Sakakeeny	FR	Rochester	3:57.25A 2
8 Jacob Bernd	FR	Rochester	3:58.13A 1
9 Peter Stubler	SO	St. Lawrence	3:59.46A
10 Thomas Manson	FR	RPI	4:01.11
11 William Plante	JR	Union (N.Y.)	4:01.57
12 Sean Hendricks	SR	Rochester	4:02.74
13 Brandon Blandino	FR	RIT	4:03.57
14 Evan Owens	JR	RIT	4:03.72
15 Tim Buchan	SR	Vassar	4:04.74
16 Sam Gibbons	JR	RPI	4:04.79
17 Ryan Russell	SR	Union (N.Y.)	4:05.42
18 Evan Morrow	FR	RPI	4:07.56
19 Michael Harkins	JR	RPI	4:07.56
20 Aidan Loughlin	JR	Ithaca	4:09.77
21 Connor McGeehan	SO	Ithaca	4:13.28

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Results

Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
22 Calvin Thomas	FR	Bard	4:58.63
23 Ilyas Hotak	JR	Bard	5:00.08

Men 5000 Meter Run

Conference: 14:04.51 C 2024 Cory Kennedy

Meet: 14:29.29 M 5/7/2022 John Reed

Facility: 14:55.59 F 4/8/2023 Owen White

AARTFC: 15:10.00 A

Name	Yr	School	Finals
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Finals

1	Nicholas Lyndaker	JR	St. Lawrence	14:33.43F	10
2	Jack Loughery	JR	RPI	14:34.18F	8
3	James Catania	SR	Rochester	14:36.57F	6
4	Colin Goldschmidt	SO	RPI	14:37.52F	5
5	Evan Lacey	SO	RPI	14:38.00F	4
6	Joey Smith	JR	RPI	14:38.23F	3
7	Derick Koen	JR	RIT	14:39.38F	2
8	Sean Miller	SO	Vassar	14:43.34F	1
9	Jose Magana	SR	Vassar	14:43.34F	
10	Thomas Manson	FR	RPI	14:46.50F	
11	Vishal Yalamanchili	SR	Rochester	14:49.47F	
12	Sam Cohen	FR	Rochester	14:59.61A	
13	Patrick Russell	JR	St. Lawrence	15:04.58A	
14	Jason Cirrito	SR	Vassar	15:07.99A	
15	Max Frazee	SO	Vassar	15:11.54	
16	Justin Cascio	JR	RPI	15:14.25	
17	Griffin Roeder	JR	St. Lawrence	15:15.93	
18	Kai Chang	SR	Vassar	15:17.40	
19	Colin Young	JR	St. Lawrence	15:19.96	
20	Liam Sakakeeny	FR	Rochester	15:20.55	
21	Drew Taylor	JR	Ithaca	15:20.69	
22	Henry Hagen	SO	St. Lawrence	15:24.00	
23	Jackson Bernreuter	SR	Vassar	15:25.97	
24	Gwilym Horner	JR	RPI	15:31.22	
25	Anthony Zarrella	JR	RPI	15:32.42	
26	Sam Gibbons	JR	RPI	15:41.82	
27	Clemente Esponilla	JR	Bard	15:54.48	
28	Evan Fisher-Perez	SR	RIT	16:02.91	
29	Kaiden Chandler	FR	Ithaca	16:13.19	
30	Thomas Breimer	SR	Union (N.Y.)	16:14.10	
31	Ben Pistiner	SO	Union (N.Y.)	17:24.82	
32	Bo Hopwood	JR	Bard	17:56.52	
---	Jonathan Craun	SR	RPI	DNS	
---	Brady Geisler	JR	RPI	DNS	
---	Vince Simonetti	SR	RPI	DNS	

Men 10000 Meter Run

Conference: 29:18.13 C 2024 Vince Simonetti

Meet: 30:00.44 M 5/5/2023 Vince Simonetti

AARTFC: 32:45.00 A

Name	Yr	School	Finals
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Finals

1	Vince Simonetti	SR	RPI	30:28.84A	10
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2	Derick Koen	JR	RIT	31:02.62A	8
3	Jonathan Craun	SR	RPI	31:35.23A	6
4	Brady Geisler	JR	RPI	31:52.07A	5
5	Joey Smith	JR	RPI	31:57.19A	4
6	Justin Cascio	JR	RPI	31:58.54A	3
7	Kai Chang	SR	Vassar	32:09.02A	2
8	Vishal Yalamanchili	SR	Rochester	32:20.29A	1
9	Max Frazee	SO	Vassar	32:28.41A	
10	Gwilym Horner	JR	RPI	32:44.15A	
11	Drew Taylor	JR	Ithaca	32:56.03	
12	Matthew Taylor	SR	St. Lawrence	33:19.92	
13	Davis Anderson	JR	Vassar	33:23.59	
14	Matthew Serrano	JR	St. Lawrence	34:42.26	
15	Jay Parker	SR	RPI	34:57.00	
16	Elliott Painting	SO	Ithaca	35:05.32	
17	Liam Dougherty	FR	Union (N.Y.)	35:30.15	

Men 110 Meter Hurdles

Conference: 14.44 C 2013 Jake Fredericks

Meet: 14.76 M 2012 Jake Fredericks

Facility: 14.98 F 4/20/2024 Kaleb Luton

AARTFC: 15.60 A

Name	Yr	School	Prelims
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Preliminaries

1	Jacen Mitchell	SO	RIT	F 14.97Q+0.0
2	Cortez Garrett	JR	RPI	A 15.31Q1.5
3	Jason Bois	JR	Union (N.Y.)	A 15.15q+0.0
4	Matt Lokshin	JR	Ithaca	A 15.54q 1.5
5	Eric Antonecchia	JR	RIT	15.82q 1.5
6	Chris Kay	SO	RPI	16.17q+0.0
7	Jae Young Seo	SR	Vassar	16.65q 1.5
8	Jake Dembrow	SO	Ithaca	16.72q+0.0
9	Caius Leung	FR	RPI	16.73 +0.0
10	Lucian Facchiano	FR	RPI	17.29 1.5
11	Elijah VanHoover	SO	Rochester	18.50 1.5
---	Erik Marelli	FR	St. Lawrence	DNS +0.0

Men 110 Meter Hurdles

Conference: 14.44 C 2013 Jake Fredericks

Meet: 14.76 M 2012 Jake Fredericks

Facility: 14.98 F 4/20/2024 Kaleb Luton

AARTFC: 15.60 A

Name	Yr	School	Finals
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Finals

1	Cortez Garrett	JR	RPI	14.73M 10
2	Jacen Mitchell	SO	RIT	14.89F 8
3	Jason Bois	JR	Union (N.Y.)	15.41A 6
4	Matt Lokshin	JR	Ithaca	15.53A 5
5	Eric Antonecchia	JR	RIT	15.65 4
6	Chris Kay	SO	RPI	15.82 3
7	Jae Young Seo	SR	Vassar	16.41 2
8	Jake Dembrow	SO	Ithaca	17.07 1

**Liberty League
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Results

Men 400 Meter Hurdles

Conference: 52.42 C 2016 **Nicholas Crawford**
Meet: 53.03 M 5/7/2022 **Nate Oczkowski**
Facility: 54.60 F 4/8/2023 **Lance Jensen**
AARTFC: 56.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Max Stein	SR	RIT	F 53.32Q
2 Cortez Garrett	JR	RPI	56.07Q
3 Matt Lokshin	JR	Ithaca	56.23q
4 Owen Hatungimana	FR	Rochester	56.43q
5 Sean Graves	SO	RIT	56.71q
6 Greg Palma	FR	Rochester	57.05q
7 Mark Magyar	SO	Rochester	57.12q
8 Elijah VanHoover	SO	Rochester	58.40q
9 Emerson Gatesman	FR	RIT	58.41
10 Jack Gips	SO	RPI	1:00.45
11 George Nilson	SO	Ithaca	1:02.48
12 Shifan Shaffe	SR	St. Lawrence	1:03.21

Men 400 Meter Hurdles

Conference: 52.42 C 2016 **Nicholas Crawford**
Meet: 53.03 M 5/7/2022 **Nate Oczkowski**
Facility: 54.60 F 4/8/2023 **Lance Jensen**
AARTFC: 56.00 A

Name	Yr	School	Finals
Finals			
1 Max Stein	SR	RIT	53.08F 10
2 Cortez Garrett	JR	RPI	54.55F 8
3 Matt Lokshin	JR	Ithaca	55.36A 6
4 Sean Graves	SO	RIT	55.79A 5
5 Owen Hatungimana	FR	Rochester	56.12 4
6 Greg Palma	FR	Rochester	56.26 3
7 Elijah VanHoover	SO	Rochester	56.47 2
8 Mark Magyar	SO	Rochester	56.65 1

Men 3000 Meter Steeplechase

Conference: 9:09.75 C 2019 **John Blake**
Meet: 9:20.87 M 5/6/2022 **Aidan Mayer**
Facility: 9:32.04 F 4/8/2023 **Paul Suflita**
AARTFC: 9:45.00 A

Name	Yr	School	Finals
Finals			
1 Anthony Zarrella	JR	RPI	9:34.73A 10
2 Jackson Burger	SO	RIT	9:40.05A 8
3 Patrick Russell	JR	St. Lawrence	9:45.87 6
4 Nolan Goldthwaite	JR	Rochester	9:48.25 5
5 Spencer Buff	FR	RIT	9:53.66 4
6 Joe Berry	FR	Rochester	9:55.29 3
7 Michael Harkins	JR	RPI	9:59.01 2
8 Evan Morrow	FR	RPI	9:59.51 1
9 Cole Jacobsen	SO	St. Lawrence	10:00.18
10 Justin Ottesen	SR	RPI	10:14.70

11 Levi Lilienthal	SR	Vassar	10:17.43
12 William Chalfant	SO	St. Lawrence	10:23.60
13 Kyle Gaffney	FR	St. Lawrence	10:44.82
14 Alton Francisco	SO	RPI	10:45.04
15 Ezekiel DeMercurio	FR	Vassar	11:13.31

Men 4x100 Meter Relay

Conference: 40.89 C 2025 **RPI**
Caso, Myrick, Flynn, Ihegiu
Meet: 41.62 M 5/4/2019 **RIT**
M Lienhard, M Gloskey, S Morrissey, C Geiger
Facility: 42.96 F 4/8/2023 **Fredonia**
J Winn, C Sample, N Marsowicz, N Abdo
AARTFC: 43.50 A

Team	Relay	Finals
Finals		
1 RPI		41.02M 10
1) Cam Caso FR	2) Donovan Myrick JR	
3) Ronen Stewart SO	4) Josh Ihegiu JR	
2 Rochester		42.46F 8
1) Evan Bryant SO	2) Will Stiska FR	
3) P.J. London SR	4) Manny Eribo SR	
3 Union (N.Y.)		42.74F 6
1) Sakyi Okwaning SO	2) Aidan Bradley FR	
3) Aaron Binion SO	4) Sam Ahern SR	
4 St. Lawrence		43.03A 5
1) Jack Storm FR	2) Caleb Young SO	
3) Jack Beauchesne SO	4) William Hauf SR	
5 RIT		43.21A 4
1) Ben Cerreta FR	2) Justin Jantzi SR	
3) Alex Wiseman FR	4) Jonathan Jacobs SR	
6 Ithaca		43.52 3
1) John Wendt SR	2) Matt Lokshin JR	
3) Jason Story FR	4) Max Boreland SO	
7 Bard		47.55 2
1) Avery Crafton FR	2) Johnny Henriquez FR	
3) Kasiem Washington SO	4) Lazaros Panagiotounis SR	
--- Vassar		DQ
1) Ryan Fernandes FR	2) Jacob Sellitti JR	
3) Jae Young Seo SR	4) Nathan Denham JR	

Men 4x400 Meter Relay

Conference: 3:14.60 C 2023 **RIT**
Senf, Wilson, Resnick, Jantzi
Meet: 3:15.21 M 5/6/2023 **RIT**
R Senf, O Wilson, T Goyette, J Jantzi
Facility: 3:19.33 F 4/8/2023 **SUNY Geneseo**
A Andrews, B Friedel, B Doxsee, M Sheehan
AARTFC: 3:24.00 A

Team	Relay	Finals
Finals		
1 RPI		3:14.03C 10
1) Peter Cavanaugh SR	2) Donovan Myrick JR	
3) Alex Flynn SO	4) Josh Ihegiu JR	

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Results

Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
2 RIT		3:16.09F 8
1) Noah Flanders SR	2) Ryan Senf JR	
3) John Elliot FR	4) Max Stein SR	
3 Rochester		3:19.24F 6
1) Evan Bryant SO	2) Trevor Whitney FR	
3) Brendan McCollum JR	4) Colin Hascup SR	
4 St. Lawrence		3:23.47A 5
1) Dylan Keating FR	2) Leif Harvey SR	
3) Riley Cushman FR	4) Caleb Young SO	
5 Vassar		3:25.09 4
1) Nathan Denham JR	2) Nick MacDonald FR	
3) Ryan Fernandes FR	4) Sean Miller SO	
6 Ithaca		3:26.40 3
1) Evan Cherry SO	2) Adam Mocho JR	
3) Matt Lokshin JR	4) Colin Leshner FR	
7 Union (N.Y.)		3:28.17 2
1) Aidan Bradley FR	2) Jackson Klehr SO	
3) Drew Hill JR	4) Aidan Savitt JR	

Men High Jump

Conference: 2.06m C 2014 **Stephen Silber**
Meet: 2.04m M 2012 **Stephen Silber**
Facility: 1.99m F 4/8/2023 **Tyler Hulse**
AARTFC: 1.94m A

Name	Yr	School	Finals
Finals			
1 Connor Cruz	FR	RPI	1.96mA 10
2 Erich Brown	SO	RIT	1.86m 8
3 Trevor Krukin	FR	RIT	1.86m 6
4 John Mahoney	SO	St. Lawrence	1.81m 4.5
4 Oliver Herrick	FR	RPI	1.81m 4.5
6 Nicholas Galasso	FR	RIT	1.76m 2.5
6 Gabriel Lane	FR	Ithaca	1.76m 2.5
8 Dillen Owusu	SO	RPI	1.76m 1
9 Cameron Dillard	SR	St. Lawrence	1.76m
10 Bradley Baybutt	SR	RIT	1.76m
11 Tate Finger	SO	Rochester	1.76m
12 Aidan Irwin	FR	Ithaca	1.71m
--- Matt Lokshin	JR	Ithaca	NH
--- Aadit Jain	JR	Rochester	DNS

Men Pole Vault

Conference: 5.11m C 2021 **Dominic Mikula**
Meet: 4.90m M 5/3/2024 **Dominic Mikula**
Facility: 5.20m F 4/8/2023 **Zach Ferrara**
AARTFC: 4.45m A

Name	Yr	School	Finals
Finals			
1 James Zeolla	SR	RPI	4.80mA 10
2 Moss Dengler	SO	RPI	4.65mA 8
3 Cody Reeth	JR	Rochester	4.65mA 6
4 Noah Koeng	SR	RIT	4.50mA 5
5 Ryan Swenson	SO	RIT	4.50mA 4

6 Dylan Sullivan	FR	Ithaca	4.20m 3
7 Andrew Rohde	FR	RIT	4.20m 2
8 Shaun Herlihy	JR	Ithaca	4.20m 1
9 Brendan O'Horo	SO	St. Lawrence	4.20m
10 Gabriel Lane	FR	Ithaca	4.05m
11 Dillen Owusu	SO	RPI	4.05m
12 Josh Chait	JR	RPI	3.90m
13 Zachary Narowski	FR	RIT	3.60m
--- Robert George	SO	Ithaca	DNS

Men Long Jump

Conference: 7.58m C 2024 **Cole Goodman**
Meet: 7.58m M 5/3/2024 **Cole Goodman**
Facility: 6.65m F 4/8/2023 **Howard Nix**
AARTFC: 6.80m A

Name	Yr	School	Finals
Finals			
1 Cole Goodman	SR	Rochester	7.05mA 10
2 Owen Haas	SR	RPI	6.87mA 8
3 Manny Eribo	SR	Rochester	6.74m 6
4 John Mahoney	SO	St. Lawrence	6.59m 5
5 Sam Lorenzetti	SR	Rochester	6.59m 4
6 Evan Cherry	SO	Ithaca	6.53m 3
7 Aadit Jain	JR	Rochester	6.47m 2
8 Tyler Duffin	FR	Ithaca	6.42m 1
9 Austin Lansey	FR	Rochester	6.33m -0.7
10 Ervin Owusu	SO	RPI	6.24m 1.8
11 Oliver Herrick	FR	RPI	6.20m -2.1
12 Kensei Chen	SR	RPI	6.18m -0.2
13 Cole Henderson	FR	RIT	6.06m 0.5
14 R.J. Cui	FR	Rochester	5.99m +0.0
15 Erik Shattenberg	SO	St. Lawrence	5.97m -1.9
16 Kyle Kelsey	SO	Rochester	5.90m -1.3
17 Regis Agbata	SO	RIT	5.79m -0.3
--- Alan Mackic	FR	Union (N.Y.)	FOUL
--- Jack Storm	FR	St. Lawrence	FOUL
--- Owen Gifford	FR	Vassar	DNS NWI

Men Triple Jump

Conference: 15.76m C 2024 **Cole Goodman**
Meet: 15.25m M 5/6/2023 **Cole Goodman**
Facility: 13.91m F 4/8/2023 **Rudy Alvarez**
AARTFC: 13.50m A

Name	Yr	School	Finals
Finals			
1 Cole Goodman	SR	Rochester	14.28mF 10
2 Sam Lorenzetti	SR	Rochester	13.99mF 8
3 Austin Lansey	FR	Rochester	13.56mA 6
4 Oliver Herrick	FR	RPI	13.20m 5
5 Manny Eribo	SR	Rochester	13.08m 4
6 Owen Haas	SR	RPI	13.02m 3
7 Erik Shattenberg	SO	St. Lawrence	12.41m 2
8 Caius Leung	FR	RPI	12.06m 1
9 Kyle Kelsey	SO	Rochester	12.04m 1.2
10 Liam Connelly	SO	Ithaca	11.96m 0.1

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Results

Finals ... (Men Triple Jump)

	Name	Yr	School	Finals
11	Domenico Callocchia	FR	Ithaca	11.95m 1.4
---	Kensei Chen	SR	RPI	FOUL
---	Owen Gifford	FR	Vassar	DNS NWI

Men Shot Put

Conference: 16.65m C 2003 **Justin Sievert**
Meet: 16.65m M 2003 **Justin Sievert**
Facility: 15.59m F 4/8/2023 **Matthew Funicelli**
AARTFC: 14.60m A

	Name	Yr	School	Finals
Finals				
1	Luke Ellor	FR	Ithaca	15.69mF 10
2	Luke Alexander	JR	RPI	13.65m 8
3	Jordan Johnson	SR	Rochester	13.54m 6
4	Javier Bedoya	JR	RPI	13.42m 5
5	Paul Sussman	JR	RPI	13.34m 4
6	Keenan Gosselin	SO	RIT	13.18m 3
7	Mason Lang	JR	Union (N.Y.)	13.16m 2
8	Eddie Bedient	JR	RIT	12.73m 1
9	Joshua Dolansky	FR	RIT	12.73m
10	Kevin Fobare	SR	Rochester	12.63m
11	Noah Wilson	SO	RIT	12.46m
12	Ethan Beer	SO	Rochester	12.28m
13	Dylan Rykert	SR	Rochester	12.28m
14	Tristan Mangin	JR	RPI	12.00m
15	Dean Bartles	JR	RIT	11.92m
16	Adam Finnimore	SO	Vassar	11.89m
17	Matthew Brinck	FR	St. Lawrence	11.87m
18	Nathan Burke	FR	RPI	11.85m
19	James Bommentre	SR	RPI	11.80m
20	Logan Gamlin	SO	RPI	11.78m
21	Antonio Cocchiario	JR	Union (N.Y.)	11.70m
22	Erik Stephany	JR	RIT	11.67m
23	Erik Schneider	JR	St. Lawrence	10.86m
---	Yohermy Kpodo	SR	RIT	FOUL

Men Discus Throw

Conference: 54.11m C 2015 **Tyler Yeastedt**
Meet: 51.02m M 2001 **Bill Monette**
Facility: 48.89m F 4/8/2023 **Matthew Funicelli**
AARTFC: 44.00m A

	Name	Yr	School	Finals
Finals				
1	Jordan Johnson	SR	Rochester	46.46mA 10
2	Ethan Beer	SO	Rochester	45.39mA 8
3	Tristan Mangin	JR	RPI	42.16m 6
4	Erik Stephany	JR	RIT	41.81m 5
5	Luke Ellor	FR	Ithaca	41.58m 4
6	Keenan Gosselin	SO	RIT	41.23m 3
7	Jack Chappa	FR	RPI	40.49m 2
8	Javier Bedoya	JR	RPI	39.01m 1
9	Loren Baker	SO	RIT	38.61m
10	Yohermy Kpodo	SR	RIT	38.47m

11	Kevin Fobare	SR	Rochester	38.12m
12	Kevin Taylor	FR	RIT	38.10m
13	Dean Bartles	JR	RIT	37.93m
14	Dylan Rykert	SR	Rochester	37.60m
15	Michael Kauffmann	FR	Ithaca	36.46m
16	Zajans Crapo	SR	Rochester	36.23m
17	Adam Finnimore	SO	Vassar	33.10m
18	Aaron Binion	SO	Union (N.Y.)	32.78m
19	Colby Grove	JR	RPI	32.75m
20	Dylan Boyle	FR	Union (N.Y.)	32.41m
21	Nathan Burke	FR	RPI	31.37m
22	Matthew Brinck	FR	St. Lawrence	28.25m

Men Hammer Throw

Conference: 61.32m C 2011 **Ja'Mar Watson**
Meet: 56.76m M 1998 **Paul Hanrahan**
Facility: 53.79m F 4/8/2023 **Matthew Funicelli**
AARTFC: 49.00m A

	Name	Yr	School	Finals
Finals				
1	Jordan Johnson	SR	Rochester	61.16mM 10
2	Erik Stephany	JR	RIT	53.45mA 8
3	Josh Auler	SR	RIT	50.22mA 6
4	Armaan Butler	SO	Rochester	49.38mA 5
5	Paul Sussman	JR	RPI	48.91m 4
6	Kevin Fobare	SR	Rochester	48.23m 3
7	Colby Grove	JR	RPI	48.09m 2
8	Dean Bartles	JR	RIT	47.70m 1
9	Zajans Crapo	SR	Rochester	46.59m
10	Mason Banks	SO	RIT	43.61m
11	Eddie Bedient	JR	RIT	43.24m
12	Greg Watson	SO	RIT	42.46m
13	Tristan Mangin	JR	RPI	41.14m
14	Mason Lang	JR	Union (N.Y.)	39.09m
15	Javier Bedoya	JR	RPI	38.90m
16	Loren Baker	SO	RIT	37.72m
17	James Bommentre	SR	RPI	37.58m
18	Antonio Cocchiario	JR	Union (N.Y.)	37.16m
19	Matthew Brinck	FR	St. Lawrence	36.42m
20	Cooper Kelly	SO	RPI	36.01m
21	Logan Gamlin	SO	RPI	35.96m
22	Nicholas Entner	JR	Union (N.Y.)	35.55m
23	Jack Canadori	FR	RPI	35.42m
24	Adam Finnimore	SO	Vassar	34.95m
25	Erik Schneider	JR	St. Lawrence	31.10m
---	Luke Alexander	JR	RPI	FOUL
---	Max Fetah	FR	RPI	FOUL

Liberty League

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Results

Men Javelin Throw

Conference: 65.50m C 2014		Michael Goldstock		
Meet: 61.54m M 2005		Jim Motzkin		
Facility: 55.36m F 4/20/2024		Andrew Bernacki		
AARTFC: 51.50m A				
Name		Yr	School	Finals
Finals				
1	Jordan Johnson	SR	Rochester	62.09mM 10
2	Keenan Gosselin	SO	RIT	60.09mF 8
3	Andrew Bernacki	SR	RIT	58.99mF 6
4	Tristan Mangin	JR	RPI	55.67mF 5
5	Danny Girard	FR	RPI	54.41mA 4
6	Nicholas Entner	JR	Union (N.Y.)	53.62mA 3
7	Zajans Crapo	SR	Rochester	51.99mA 2
8	Mason Lang	JR	Union (N.Y.)	51.25m 1
9	Erik Schneider	JR	St. Lawrence	49.39m
10	Lucas Heydt	FR	RPI	48.29m
11	Max Fetah	FR	RPI	48.15m
12	Tyler Duffin	FR	Ithaca	47.75m
13	Jack Simack	SR	St. Lawrence	45.24m
14	Aaron Al-Marayati	FR	Union (N.Y.)	43.90m
15	David Shaffer	JR	RIT	43.86m
16	Gabriel Lane	FR	Ithaca	43.81m
17	Ryan Stuck	FR	RPI	41.57m
18	Johnny Henriquez	FR	Bard	31.60m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name		Yr	School	Finals
Finals				
1	Gabe Thyne	SR	Rochester	11.17 823
2	Leo Lomangino	SO	RPI	11.27 801
3	Jack Maness	JR	Rochester	11.47 759
4	Josh Chait	JR	RPI	11.49 755
5	Ashton Tokarski	SO	Rochester	11.49 755
6	Emmett Hansen	FR	Rochester	11.56 740
7	Rhys Tickner	FR	Ithaca	11.65 721
8	Noah McKibben	JR	Ithaca	11.68 715
9	Maxwell Bergman	SR	Vassar	11.75 701
10	Dillen Owusu	SO	RPI	11.84 683
11	Tucker Hall	FR	St. Lawrence	12.11 629

Decathlon: #5 Men 400 Meter Dash Decathlon

Name		Yr	School	Finals
Finals				
1	Gabe Thyne	SR	Rochester	49.65 831
2	Leo Lomangino	SO	RPI	50.55 789
3	Rhys Tickner	FR	Ithaca	52.81 690
4	Maxwell Bergman	SR	Vassar	52.99 682
5	Ashton Tokarski	SO	Rochester	53.43 663
6	Jack Maness	JR	Rochester	54.37 624
7	Josh Chait	JR	RPI	54.45 621
8	Tucker Hall	FR	St. Lawrence	54.98 600
9	Dillen Owusu	SO	RPI	58.25 475
10	Noah McKibben	JR	Ithaca	1:05.70 240

Emmett Hansen

FR Rochester

DNS

Decathlon: #10 Men 1500 Meter Run Decathlon

Name		Yr	School	Finals
Finals				
1	Gabe Thyne	SR	Rochester	4:35.80 707
2	Leo Lomangino	SO	RPI	4:52.97 601
3	Ashton Tokarski	SO	Rochester	4:57.60 574
4	Tucker Hall	FR	St. Lawrence	4:59.45 563
5	Noah McKibben	JR	Ithaca	5:00.44 557
6	Jack Maness	JR	Rochester	5:02.34 546
7	Maxwell Bergman	SR	Vassar	5:05.34 529
8	Josh Chait	JR	RPI	5:10.30 502
9	Dillen Owusu	SO	RPI	5:33.88 380
10	Rhys Tickner	FR	Ithaca	5:34.74 376
---	Emmett Hansen	FR	Rochester	DNS

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name		Yr	School	Finals
Finals				
1	Gabe Thyne	SR	Rochester	15.98 735
2	Rhys Tickner	FR	Ithaca	16.46 682
3	Leo Lomangino	SO	RPI	16.47 681
4	Noah McKibben	JR	Ithaca	16.67 659
5	Dillen Owusu	SO	RPI	17.10 614
6	Maxwell Bergman	SR	Vassar	17.12 612
7	Tucker Hall	FR	St. Lawrence	17.15 609
8	Ashton Tokarski	SO	Rochester	17.76 547
9	Jack Maness	JR	Rochester	17.93 531
10	Josh Chait	JR	RPI	20.76 292
---	Emmett Hansen	FR	Rochester	DNS -0.1

Decathlon: #4 Men High Jump Decathlon

Name		Yr	School	Finals
Finals				
1	Gabe Thyne	SR	Rochester	1.85m 670
2	Leo Lomangino	SO	RPI	1.76m 593
3	Ashton Tokarski	SO	Rochester	1.73m 569
3	Dillen Owusu	SO	RPI	1.73m 569
3	Maxwell Bergman	SR	Vassar	1.73m 569
6	Rhys Tickner	FR	Ithaca	1.70m 544
6	Jack Maness	JR	Rochester	1.70m 544
8	Noah McKibben	JR	Ithaca	1.61m 472
9	Tucker Hall	FR	St. Lawrence	1.52m 404
10	Josh Chait	JR	RPI	1.46m 360
---	Emmett Hansen	FR	Rochester	DNS

Decathlon: #8 Men Pole Vault Decathlon

Name		Yr	School	Finals
Finals				
1	Dillen Owusu	SO	RPI	4.20m 673
1	Jack Maness	JR	Rochester	4.20m 673
3	Josh Chait	JR	RPI	4.10m 645
4	Maxwell Bergman	SR	Vassar	3.70m 535
4	Gabe Thyne	SR	Rochester	3.70m 535

Liberty League
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Results

Finals ... (Decathlon: #8 Men Pole Vault Decathlon)

	Name	Yr	School	Finals
6	Ashton Tokarski	SO	Rochester	3.40m 457
6	Rhys Tickner	FR	Ithaca	3.40m 457
8	Leo Lomangino	SO	RPI	3.10m 381
9	Tucker Hall	FR	St. Lawrence	3.00m 357
9	Noah McKibben	JR	Ithaca	3.00m 357
---	Emmett Hansen	FR	Rochester	DNS

Decathlon: #2 Men Long Jump Decathlon

	Name	Yr	School	Finals
Finals				
1	Maxwell Bergman	SR	Vassar	6.82m 771
2	Ashton Tokarski	SO	Rochester	6.64m 729
3	Gabe Thyne	SR	Rochester	6.46m 688
4	Jack Maness	JR	Rochester	6.17m 624
5	Leo Lomangino	SO	RPI	6.13m 615
6	Dillen Owusu	SO	RPI	6.04m 595
7	Rhys Tickner	FR	Ithaca	5.99m 584
8	Tucker Hall	FR	St. Lawrence	5.89m 563
9	Josh Chait	JR	RPI	5.38m 457
10	Emmett Hansen	FR	Rochester	4.93m 369
---	Noah McKibben	JR	Ithaca	FOUL

Decathlon: #3 Men Shot Put Decathlon

	Name	Yr	School	Finals
Finals				
1	Tucker Hall	FR	St. Lawrence	10.71m 528
2	Leo Lomangino	SO	RPI	10.50m 516
3	Gabe Thyne	SR	Rochester	10.44m 512
4	Rhys Tickner	FR	Ithaca	10.33m 505
5	Dillen Owusu	SO	RPI	10.01m 486
6	Maxwell Bergman	SR	Vassar	9.90m 480
7	Ashton Tokarski	SO	Rochester	9.73m 469
8	Josh Chait	JR	RPI	9.06m 429
9	Jack Maness	JR	Rochester	8.96m 423
10	Noah McKibben	JR	Ithaca	7.31m 326
---	Emmett Hansen	FR	Rochester	DNS

Decathlon: #7 Men Discus Throw Decathlon

	Name	Yr	School	Finals
Finals				
1	Rhys Tickner	FR	Ithaca	30.83m 481
2	Leo Lomangino	SO	RPI	28.48m 435
3	Jack Maness	JR	Rochester	28.39m 433
4	Dillen Owusu	SO	RPI	27.63m 418
5	Josh Chait	JR	RPI	27.44m 414
6	Gabe Thyne	SR	Rochester	26.82m 402
7	Ashton Tokarski	SO	Rochester	26.75m 401
8	Tucker Hall	FR	St. Lawrence	23.93m 347
9	Maxwell Bergman	SR	Vassar	21.14m 293
10	Noah McKibben	JR	Ithaca	20.34m 278
---	Emmett Hansen	FR	Rochester	DNS

Decathlon: #9 Men Javelin Throw Decathlon

	Name	Yr	School	Finals
Finals				
1	Noah McKibben	JR	Ithaca	47.15m 547
2	Leo Lomangino	SO	RPI	42.75m 482
3	Maxwell Bergman	SR	Vassar	40.51m 450
4	Rhys Tickner	FR	Ithaca	37.66m 408
5	Tucker Hall	FR	St. Lawrence	37.43m 405
6	Ashton Tokarski	SO	Rochester	36.24m 388
7	Gabe Thyne	SR	Rochester	34.17m 358
8	Jack Maness	JR	Rochester	32.34m 332
9	Dillen Owusu	SO	RPI	31.56m 321
10	Josh Chait	JR	RPI	29.49m 292
---	Emmett Hansen	FR	Rochester	DNS

Men Decathlon

Conference: 6750 C 2005 Trevor Tersmette
Meet: 6534 M 5/5/2023 Alex Opsahl
AARTFC: 5100 A

	Name	Yr	School	Finals
Finals				
1	Gabe Thyne	SR	Rochester	6261A 10
2	Leo Lomangino	SO	RPI	5894A 8
3	Maxwell Bergman	SR	Vassar	5622A 6
4	Ashton Tokarski	SO	Rochester	5552A 5
5	Jack Maness	JR	Rochester	5489A 4
6	Rhys Tickner	FR	Ithaca	5448A 3
7	Dillen Owusu	SO	RPI	5214A 2
8	Tucker Hall	FR	St. Lawrence	5005 1
9	Josh Chait	JR	RPI	4767
10	Noah McKibben	JR	Ithaca	4151

Women - Team Rankings - 21 Events Scored

1)	Rochester	193.5
2)	Ithaca	191.5
3)	RPI	181
4)	Vassar	101
5)	RIT	95
6)	Union (N.Y.)	40.5
7)	St. Lawrence	14.5

Men - Team Rankings - 21 Events Scored

1)	RPI	318.5
2)	Rochester	185
3)	RIT	155.5
4)	St. Lawrence	49.5
5)	Ithaca	45.5
6)	Union (N.Y.)	33
7)	Vassar	28
8)	Bard	2